



# HÖGSKOLAN I GÄVLE

## Theories of Behavioral Change 7.5 cr

*Teorier för beteendeförändringar 7,5 hp*

### Version

**Valid from**

**Valid to**

8/29/22

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### Course identifier

MPG303

### Course Literature

Thaler, Richard H; Sunstein, Cass R (senaste upplagan). *Nudge: Improving decisions about health, wealth, and happiness*. Penguin.

Handouts and web references

### Reference Literatur

Steg, Linda; van den Berg, Agnes E; de Groot, Judith I M (senaste upplagan). *Enviromental Psychology: An Introduction*. Wiley-Blackwell: BPS Textbooks in Psychology.