



## Psychosocial work and health in a life course perspective 7.5 cr

*Psykosocialt arbete och hälsa i ett livsloppsperspektiv 7,5 hp*

Set by Faculty of Health and Occupational Studies

<b>Version</b>	<b>Set at</b>	<b>Valid from</b>
	4/12/17	<b>HT2017</b>

<b>Level</b>	A1N
<b>Education level</b>	Second cycle
<b>Course identifier</b>	SAA110
<b>Credits</b>	7.5 cr
<b>Main field of study</b>	Social Work
<b>Subject group</b>	Social Work and Social Welfare
<b>Disciplinary domain</b>	Health care 40.0 % Social sciences 60.0 %

**Learning outcomes** Upon completing the course, the student will be able to:

1. critically review perspectives on management and support initiatives to improve health
2. reflect on changes in individuals or social groups that affect mental health over a life course
3. describe and reflect on the importance of relationships in the family, working life and networks to psychosocial health

**Course content**

- theoretical perspectives on mental health/disease and crises in different phases of life
- various psychosocial perspectives on treatment and support initiatives for psychosocial disease
- living conditions and changes in living conditions in connection with mental health/disease and the significance of gender, class and ethnicity
- morbidity and recovery processes in a life course perspective
- consequences of mental disease for networks, social relationships and working life

**Teaching** Lectures, seminars and group work

**Prerequisites** Bachelor's degree in social work or the equivalent

**Examination** Individual take-home examination and seminar assignments reported verbally and in writing in Group.

<b>Grade</b>	A, B, C, D, E, Fx, F		
<b>Limitations</b>	Students who did not avail themselves of or failed to pass in a regular examination opportunity are offered at least four additional opportunities to take the examination. One regular examination opportunity and two additional opportunities are offered in connection with the operation of the course. Students who have failed to pass after these three examination opportunities will be referred for student counselling/support and given a new opportunity to take the examination during the next session of the course.		
<b>Other regulations</b>	Please refer to the study guide for information on the criteria for the various grades.		
<b>Sustainable environment</b>	A minor part of the course content deals with sustainable development.		
<b>Module</b>	0010 Psychosocial work and health in a life course perspective	7.5 cr	Grade: AF