



HÖGSKOLAN I GÄVLE

Health promotion, society and sustainable development 7.5 cr

Hälsöfrämjande, samhälle och hållbar utveckling 7,5 hp

Set by Faculty of Health and Occupational Studies

Version

Set at

Valid from

6/9/21

VT2022

Level	G1N
Education level	First cycle
Course identifier	FHG040
Credits	7.5 cr
Main field of study	Sport Science, Religious Studies, Public Health Science, Social Work
Subject group	Public Health
Disciplinary domain	Health care 75.0 % Social sciences 25.0 %

Learning outcomes

At the end of the course students should be able to:

1. explain health promotion from the existential-, social work- and sports science perspectives
2. identify and explain theories of human existence, social welfare, different social norms and relate them to health promotion and sustainable development
3. reflect and discuss how existential dimensions of health contribute to coping and empowerment for sustainable population health
4. identify areas of significance for intersectorial health promotive interventions between public health, social work and sustainability.
5. explain body images, body modification and doping as societal phenomena and how it relates to health promotion.

Course content

- health promotion and sustainable development
- theories of human existence, social welfare and social norms related to health promotion
- existential perspectives on health and wellbeing
- coping and empowerment for sustainable population health
- intersectorial health promotive work within the framework of social practice
- welfare systems implications to health promotion
- doping from a public health and health promotion perspectives

	- legal and organizational conditions of anti-doping work - societal perspectives on body image/norms, doping and fitness culture
Teaching	Lectures, seminars, group work, discussion forums
Prerequisites	Basic eligibility
Examination	Written examinations; oral presentations; seminar examination
Grade	A, B, C, D, E, Fx, F
Limitations	For students who have not used or failed at the regular examination opportunity, two additional examination opportunities are offered in connection with the completion of the course. Students who are not approved after these examinations are referred to study counseling / support and examinations at the next course opportunity. In total, a student should be offered at least five examination opportunities (including the regular examinations).
Other regulations	For information on the criteria for the different grades are referred to the study guide. The examiner has the opportunity to decide on adapted or alternative examination for students with documented disabilities. The course is a web-based distance course at half speed and is given in English
Sustainable environment	The majority of the course content deals with sustainable development..
Module	
	0010 Individual written take home exam (learning outcome 1,2) 4 cr Grade: AF
	0020 Written assignment and oral presentations (learning outcome 3,4) 2 cr Grade: UV
	0030 Written assignment and seminar examination (learning outcome 5) 1.5 cr Grade: UV